

Registration Coming Soon!

October 16-17, 2019
Denver Tech Center North
Embassy Suites by Hilton
7525 East Hampden Ave,
Denver, CO 80231



Keynote Presentation:

Create a Focused and Distraction-Free Environment

Stephanie Wachman, Founder and CEO of Symetree Strategies

Squeezing more hours out of your day is not always possible. If your workload is growing, and you constantly feel overwhelmed and stressed then this is the right talk for you.



In this session you will learn how to manage your time and energy to lower your stress, increase your productivity, improve work performance and find more balance in your life.

- ✓ Learn how to plan your days and weeks strategically
- ✓ Prioritize tasks
- ✓ Say “no” to nonessential tasks
- ✓ Delegate and limit distractions
- ✓ Become less stressed and more efficient and productive
- ✓ Learn how to use your energy to increase productivity

Stephanie Wachman, Founder and CEO of Symetree Strategies is an international author, speaker and business development expert that specializes in creating real business solutions. Her highly engaging approach to managing business development, time, stress, and distractions helps organizations achieve better results. She was born in Montreal, Quebec Canada where she received her BA in Communications from McGill University. She is the author of *OWN your Time*; and the soon to be released “Sales without Selling” a step by step guide to grow your business without being salesy. Stephanie’s areas of specialty include time management, business development, leadership skills, conflict management and corporate culture. Stephanie is past president of the International Coach Federation and lives in Denver with her husband and two sons.

Stephanie’s has been featured on 9News Denver and The Entrepreneur Pros Radio show on 560AM Denver, LawSome Podcast and published in ColoBiz and 5280 Magazine.